



# **FIREFIGHTER SURVIVAL**

## **A NEW YEAR'S RESOLUTION**

*Here's a partial listing of skills that have become popular over the last few years. Check off the skills that you've performed and are proficient at. If all items aren't checked then get to work! Make it a new year's resolution to get you, and your crew, through every one of these survival skills - your lives may depend on it!*

New skills are created and developed all the time by firefighters. This is not a comprehensive list it simply contains some of the skills that have been highlighted over the past few years. The best way to remain proficient is to practice these skills. Reading about a skill and performing it are two different things. Under the intense conditions of your own emergency it's doubtful that you'll recall a skill that you read about (if you do you're lucky). More importantly, successfully completing a skill that you've never tried before is even less likely.

These skills aren't difficult, they're not time-consuming, and they're not for somebody else. These skills may save your life someday - make it a new year's resolution to practice each and every one of them. In addition, make it a point to stay abreast of the new tips and techniques that are sure to be developed throughout the year. How? Read, attend seminars, attend conferences, attend training classes. It's our job as firefighters to pass on any new tips or techniques we come up with - *that's part of firefighter survival.*

- SCBA mask confidence course/training
- SCBA low-profile maneuver
- SCBA disentanglement
- SCBA failure - emergency exit
- Out of air situation- emergency exit
- Orientation - find and follow a hose line out
- Orientation - locate a wall and follow it out
- Retreat to a room and close door
- Breach a wall to a safe area
- Window exit -ladder slide
- Window exit - rope slide
- Window exit - hang
- Window exit - hang and drop
- Denver drill - restricted window rescue
- Nance drill - firefighter through the floor
- Firefighter drag - SCBA harness
- Firefighter drag - webbing / sling
- Moving a firefighter up / down stairs
- Firefighter rescue – ground ladder
- Firefighter search - PASS device assisted
- Firefighter search - radio squelch assisted
- Firefighter search - conventional
- Searching with a personal search rope
- Large area search
- Firefighter in distress (*see Managing YOUR MAYDAY*)
- And more...*